

**Health Theatre**  
19 – 21 October 2022  
Hall 7-8, IMPACT, Thailand

**Day 1: Wednesday 19 October 2022**

**13.00 – 13.30**



**Company:** Thai herbal Products Co.,Ltd.  
**Topic:** Main herbal in YA SUK SAI YAT and NA REU MIT  
**Speaker:** Mr. Sirichai Limsakul – Director  
**Synopsis:** YA SUK SAI YAT is Thai traditional medicine. Main herbal content is Cannabis sativa l. Indication sleep- aid and appetite enhancer. NA REU MIT, Extract from ginger with jew's ear mushroom and Chinese jujube  
**Language:** Thai

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**13.45 – 14.15**



**Company:** Star Herb Pharma  
**Topic:** Herbal Supplements for NCD  
**Speaker:** Ms.Sasima Arjsongkram – Managing Director  
**Synopsis:** Ms.Sasima Arjsongkram is a pharmacist , graduated from faculty of Pharmacy , Mahidol University. She also studied Thai Traditional Herbal Medicine and have more than 20 years worked for

both Modern Pharmacy and Thai Traditional Herbal Medicine. She has been worked in Thai FDA , International Drug Company , Mass media ( TV , Radio ) as an announcer / MC / DJ for more than 16 years .

Currently, Ms.Sasima Arjsongkram is Vice President of The Pharmaceutical Association of Thailand under Royal Patronage , Editor of Ya Na Roo ; Journal of Pharmacy Profession in Thailand and being guest speaker for many universities and organizations.

She has her own business at Star Herb Pharma Co.,Ltd. ,manufacturer of spicy coffee and dietary supplement products .The products of Star Herb pharma were awarded world class recognition in terms of Innovation ,patented and enlisted in Thailand's National Innovation List . Now her products are one of Thai Innovative Product Showcase and exported to many countries with official sole distributors.

**Language:** Thai

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**14.30 – 15.00**



**Company:** **KHAOLAOR LABORATORIES CO.,LTD.**

**Topic:** Herbal product for non-communicable diseases

- Speaker:** Mr. Chaatchavan Pongboriboon – Deputy Managing Director
- Synopsis:** Bog Bilberry Extract, Spirulina Extract, Marigold Extract, Vitamin C, Coenzyme Q10, Vitamin E Dietary supplement product
- Language:** TBC
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**15.15 – 15.45**



- Company:** Bangkok Lab & Cosmetic
- Topic:** KACHANA(KACHAFLAVONE): BLACK DIAMOND OF ASIA FOR DELAY ONSET OF NCDs
- Speaker:** Ornwipa Limaphan – Product Manager
- Synopsis:** Today's product, KACHANA, it is contains extract from Kaempferia parviflora, widely known as the "black diamond of Asia," together with five other components.  
The three major benefits of KACHANA are to increase muscle strength and aerobic endurance, to postpone the beginning of non-communicable diseases, and to treat erectile dysfunction.
- Language:** English

**Day 2: Thursday 20 October 2022**

**11.00 – 11.30**



กรมแพทย์แผนไทยและการแพทย์ทางเลือก  
Department of Thai Traditional and Alternative Medicine

**Company:** Department of Thai Traditional and Alternative Medicine

**Topic:** Herbs and natural extracts used to relieve symptoms & treat diseases.

(สมุนไพร สารสกัดธรรมชาติ ที่ใช้ในการบรรเทาอาการรักษาโรคต่างๆ)

**Speaker:** Mr. Jagravudh Puagkong – Director of the Institute of Thai Traditional Medicine

(นายแพทย์จักรวาล เผือกคง – ผู้อำนวยการสถาบันการแพทย์แผนไทย)

**Synopsis:**

**Language:** บรรยายไทย

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**13.00 – 13.30**



**Company:** Thailand Institute of Scientific and Technological Research (TISTR)

**Topic:** Natural Products for NCDs...Diabetes mellitus and Obesity.

**Speaker:** Dr.Sarunya Laovitthayangoon – Research Officer

**Synopsis:** Noncommunicable diseases (NCDs), such as heart disease, stroke, cancer, diabetes and chronic lung disease remain the leading cause of death in most

parts of the world. *Gymnema inodorum* (Lour.) Decne leaves, known in Thai as "Chiang-Da," are an ethnomedicinal plant that has been used for centuries to treat diabetes. The major constituent of Chiang Da leaves extract is gymnemic acid which decreases lower blood glucose level by suppressing glucose absorption and regulating the process of fat metabolism and the proliferation of fat cells (adipocytes). According to previous studies, Chiang Da has been shown an ability to inhibit glucose absorption in guinea pig intestines. Furthermore, young Chiang Da leaves extract decreased blood glucose in

alloxan-induced diabetic rats. In addition, Chiang Da tea significantly decreased blood sugar immediately and 15 minutes after receiving oral glucose load in volunteers. Therefore, Chiang Da leaves may be developed to a new and more selective potent antidiabetic drug for a future medicine

**Language:** TBC

**13.45 – 14.15**

**Company:** Thailand Institute of Scientific and Technological Research (TISTR)

**Topic:** TBC

**Speaker:** TBC

**Synopsis:** TBC

**Language:** TBC

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**Day 3: Friday 21 October 2022**



**11.00 – 11.30**

**Company:** Thailand Institute of Scientific and Technological Research (TISTR)

**Topic:** Natural Products from Thai Cosmetopoeia

**Speaker:** Dr.Pattravee Thong-on – Researcher

**Synopsis:** Thai Cosmetopoeia is the project from Thailand Institute of Scientific and Technological Research (TISTR) that represents an important part of the common history that unites humans and their environment and aims at a better knowledge of traditional uses of plants for cosmetic purposes, but also at valorizing and preserving them while respecting biodiversity and sharing. In this project,

the plants were select based on the local identity from Thailand's provinces. TISTR and collaborations conducted the extraction, bioactivity, toxicity, and product development in cosmetic purpose for all natural products.

**Language:** TBC

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**11.45 – 12.15**



**Company:** Thailand Institute of Scientific and Technological Research (TISTR)

**Topic:** Efficacy and safety of cosmeceutical products

**Speaker:** Kanyanat Kaewiad – RESEARCHER

**Synopsis:** The research and development of cosmeceuticals is booming in recent years. Many substances, either from botanical, animal, or chemically synthesized sources, are tested or investigated as the active ingredients in cosmeceuticals. The interactions between cosmeceuticals and skin are complex, depending on the specific composites in cosmeceutical products, condition of the skin or general health status of a subject, and the environment where the action occurs. Cosmeceuticals are intended to carry out their functions as protection, whitening, tanning, antiwrinkling, deodorants, antiaging, and nail and

hair care. Cosmeceuticals may, however, cause some unwanted problems. The common ones are irritability to the skin, contact dermatitis, photosensitivity, comedogenicity, hair and nail damage, hyper- or hypopigmentation, infectivity, carcinogenicity, and even systemic adverse effects. As such, careful preclinical or clinical evaluation of efficacy and safety is a prerequisite for the development of a specific cosmeceutical product.

**Language:** TBC